



HOPE FOR YOUTH SA

Your monthly publication of youth inspiration



WHO ARE WE?

Hope for Youth SA is a registered NPO (Non-Profit Organisation) since 2016, that focuses on Youth Development and empowerment through skills and mentoring between the ages of 13 -30. The initiative strives to support disadvantaged youth, to fulfill their daily needs and to equip them for their future through our different programmes and initiatives.

PROGRAMMES WE OFFER

- Leadership
- Bursaries
- Teambuilding
- Support Groups
- Substance Abuse
- Employment opportunities
- Mentorship: Girls & Boys
- Father and Son Camps
- Health & Wellness
- Motivation in School
- Workshops as per request
- Job readiness programmes
- Entrepreneurship Programmes

AUGUST UPCOMING EVENTS

14TH AUG

Girls Mentorship Training

27TH -29TH AUG

Father & Son Camp

Every **2nd Tuesday**, Interviews are done on
Youth motivation & Entrepreneurship

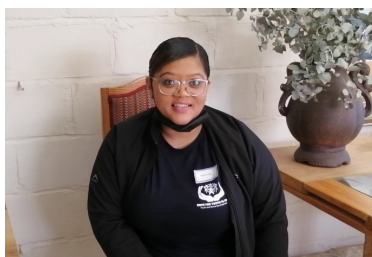


MEET OUR TEAM ! WESTERN CAPE AREA

Head of Program (Girls):

Marizaan Bredenkamp

Profession: Human Resources & Training, Entrepreneur



Head of Program (Boys):

Denzil Bredenkamp

Profession: Training & Development



Facilitator:

Elsa Smith

Profession: Counsellor



Facilitator:

Chane Fabricius

Profession: Industrial Psychology and counselling



Youth Leader /

Peer Educator (Girls):

ChamonyJonck

Profession: Human Resources & Administration



Youth Leader /

Peer Educator (Girls):

Vicky Sias

Profession: Retail



Youth Leader /

Educator (Girls):

Angelic van Wyk

Profession: Human Resources



Youth Leader /

Peer Educator (Boys):

Corné Gieselbach

Student: BA: Humanities (Stellenbosch University)
Profession: Student Counsellor



NEWEST MEMBER



Facilitator

Sarah Walker

Profession: Physiotherapist



Youth Leader /

Peer Educator (Girls):

Shannon Marthinus

Profession: Retail



NATIONAL FOOTPRINT

As an NPO we are based in the following areas:

Paarl, Wellington, Worcester, Michells Plain, Durbanville, Kraaifontein, Franschoek, Steenberg, Swellendam, George, Gqeberha, Johannesburg, Durban, Springbok, Upington and O'Kiep.



MORE ABOUT OUR ENTREPRENEURIAL MENTORSHIP PROGRAMME

We assist various new businesses with assistance to access funding, training on business Management, Accounting, HR, Marketing, Sales Forecasts & Planning, Business plans and many more.

We recently interviewed Mr Mpho Mantji that started his business with only passion, perseverance and talent. Over the years he learned the do's and don'ts of a startup and will share his journey and some advice into becoming a successful business man.

Right: Advert of interview as seen on our Facebook page

SCHOOL INVOLVEMENT

Hope for Youth SA is actively involved in 4 primary schools weekly:

1. Simondium Primary School
2. Joostenberg Primary School
3. Bergendal Primary School
4. Dalweide Primary School



LET'S TALK!

Hope for Youth SA hosts live interviews every Tuesday from 20:00 - 21:00, where we cover various topics relating to our the challenges that we face on daily.

Previous topics of discussion were as follows:

- Burnout
- Grief and Languishing
- Anxiety
- Anxiety in School kids
- Bullying in school and in the Workplace

#YOUTHDAY

We spend the day in Ceres to celebrate youth day. What a wonderful day it was.

The youth in this video together with Juhandre Saunders from **Witzenberg Municipality** - Official, Pieter and Lynn Swarts from Unite the city, Beauty (Project Officer) from Windplaas, Pieter Swartz clean Ceres from early morning on different locations.

My dorp, my vullis , my toekoms!!!! Ons hou dit skoon!

#mydorpmyvullismytoekoms

#youthday2021

#ceres

#hopeforyouthsa



See official video on: <https://fb.watch/7acQClv8RP/>

VENUES WE PARTNERED WITH

- Synercore Holdings
- Salem Biblical Garden
- Dvine Estate Expo and Events
- Leopards Trail
- Okkie Jooste Camping Site
- Impact Adventures



MEET OUR PARTNERS



the mother design

WALKERPHYSIOTHERAPY



The World Needs
A FATHER



social development
Department:
Social Development
REPUBLIC OF SOUTH AFRICA

GIRLS MENTORSHIP

A peak into the previous Girls Mentorship Training we had. Throughout the day we covered identity, spiritual wellness, self care, Your inner child, Mentorship, table of support, Who is in the mirror, Yoga, Social engagement, Leadership amongst a few topics!

The feedback from the parents, girls, caretakers we gave received is amazing and we can definitely tell how much the girls has grown into wonderful responsible young ladies. We are so blessed and so loved.



We would like to thank our sponsors and partners of the day because without them, we would not be able to offer the training free of charge to the girls.

Herewith the list of corporate sponsors:

Linebooker
Niro Plastics Pty. Ltd.
Unite360 South Africa
Dvine Estate Expo and Events
Synercore Holdings
Tessara

Our partners:

Walker Physiotherapy
Tree of New Beginnings

Our facilitators: (these ladies were amazing!)

#marizaanbrendenkamp
#elsasmith
#chamonyjonck
#vickysias
#sarahwalker
#chanefabrius
#shannonmartinus
#angelicvanwyk

Thank you to all the girls that attended and the parents that trust us to do the best with their kids!

<https://fb.watch/7aHIXzrTuA/>



BOYS MENTORSHIP

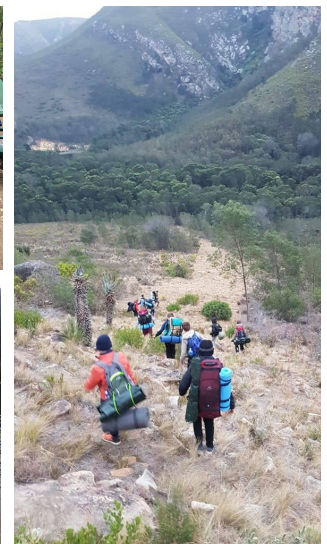
We are passionate about the next generation of men therefore our aim is to create a space that cultivates authentic manhood in boys, through coaching Godly values and beliefs related to masculinity and leadership.



How we do it.

Through Coaching the young Men by means of sessions and activities
Creating the correct atmosphere, one that facilitates the transition from boyhood to manhood.

#mentorship #leadership #mentoring
#inspiration #youth #coaching



STAYING POSITIVE DURING LOCKDOWN

Lockdown has taking its toll on everyone and specifically the young people, without social interacting and human contact in most cases its extremely difficult to stay positive.

At Hope for youth South Africa we realise the struggles that the **COVID-19** pandemic has.

Corné Gieselbach (*Student Counsellor at Hope for Youth SA NPO*) gives message around staying positive during the hard lockdown.

He reminds us to try and look at life through a positive lense and shifting the negative thoughts into positive thoughts.

#hopeforyouthsa #youthempowerment
#youth #positivity #lockdown #southafrica

Link to watch video:

<https://youtu.be/B3ieMoBZd-I>

DAILY MOTIVATION FROM US TO YOU



LET'S TALK! TEACHING AND LEARNING IN 2021

Our post regarding a Live Interview we done on Facebook.

"Hi All,

Please join Marizaan Bredenkamp and Educator Mr Florence Vermeulen as they will talk about Teaching and Learning methods in 2021!

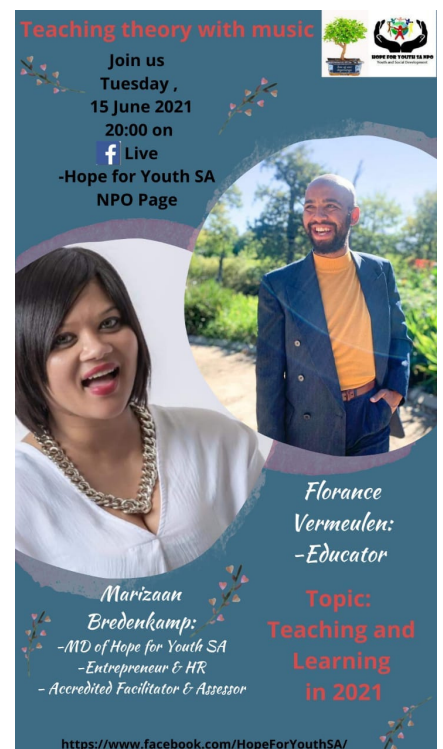
Have you seen the video of the "dancing teacher" from Bishop Lavis high school that uses Hip Hop and other music genres to teach his learners theory?

The results at the school is amazing and learners are more motivated to do their best as studying is so easy because its now like music to their ears" literally!"

Being a teacher is a calling and to be able to be Ina position to ignite a fire of positive change in an environment where mostly underprivileged kids live takes dedication!

We are so thankful for what this wonderful teacher and many others are doing and wanted to share some insight and advice to motivate you!

Let's talk!"



GREETINGS FROM MANAGEMENT

Looking back since we started the NPO in 2014 when all we had was a dream of creating hope within the youth where there was only hopelessness, a scattered youth with no direction, support or purpose, God has certainly blessed us tremendously to be able to register the NPO in 2016 and setup a structure throughout South Africa building and training youth leaders to enhance and create Hope for a better future for our Youth!

We are in the business of changing mindsets and challenging the status quo in order for youth to believe with all that they are that they can indeed achieve anything they set their minds to. Our goal is to push the youth out of their comfort zone and motivate them to become more responsible, Entrepreneurial, focused on the future with positive leadership skills and a heart ♥ that cares about others through Mentorship and influential leadership. If we can turn brokenness into wholeness then we saved a life!

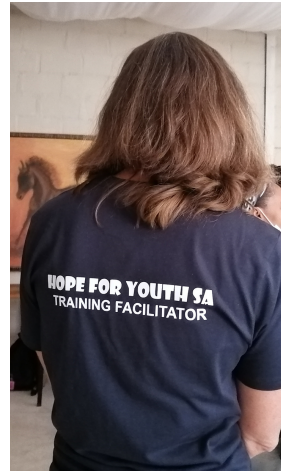
Having our first ever newsletter excited me so much as we moving into a new Era and preparing our youth for the future.

I want to end of by saying " where there is hope, there is faith. Where there is faith, miracles happen!"

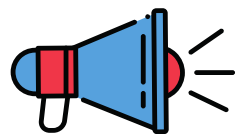
WHATS NEW @HOPEFORYOUTHSA

Exciting news! We have taken the initiative to start our own **Recruitment Portal** which will provide the opportunity for youth employment. We are excited about this opportunity because when know how important this for youth, especially the youth in your own community.

Our new online training platform that will start in September for girls, boys and entrepreneurship.



REGISTER HERE FOR OUR PROGRAMMES



Girl Mentorship Link:

<https://forms.office.com/r/hWr1e5jRaH>

Boys Mentorship Link:

<https://forms.office.com/r/hWr1e5jRaH>

Entrepreneurship Programme Link:

<https://forms.office.com/r/yRk9YHHweJ>

FOR DONATIONS:

First National Bank

Account name: Hope for Youth SA

Account number: 62730918979


Branch name: PAARL

Type: Cheque


Branch code: 200110

C.T 325 Swift Code FIRNZAJJ

GET IN TOUCH:

 <https://www.youtube.com/channel/UCyt6hIaMbK4ZiGu-8dELeg>

 @hopeforyouthsa

 admin@hopeforyouthsouthafrica.co.za

 @HopeForYouthSA

 Hope for Youth SA (Non-Profit-Organisation)